



Short Term Course

On

**“YOGA AND HEALTH”**

21<sup>st</sup> August to 27<sup>th</sup> August, 2018

Organized by

**Kumaun University, Nainital**

*This is to certify that*

**Dr. Shashank Upadhyay**

**Inveritis University, Bareilly, INDIA**

*actively participated in the Short Term Course on*

**“Yoga and Health”**

(Veena Pande)

**Head & Coordinator**

(R. C. Kavidayal)  
**Campus Director**

Registrar  
Inveritis University  
Bareilly