

Activity Planner 2024-25

National Service Scheme (NSS)

-Not Me But You-

Invertis University, Bareilly's NSS unit for the academic year 2024-25. Each quarter includes a variety of events, awareness campaigns, and community engagement activities to foster civic responsibility and student involvement.

Quarter 1: July - September 2024

1. NSS Orientation Program
 - Date: 1st Week of July
 - Description: Introductory session for new volunteers covering NSS mission, objectives, and planned activities.
2. Tree Plantation Drive
 - Date: 15th July (Van Mahotsav)
 - Description: Tree-planting drive on campus and adopted village locations to promote environmental conservation.
3. Health and Hygiene Awareness Campaign
 - Date: August
 - Description: Workshop on personal and community hygiene in local schools and villages.
4. Independence Day Celebration
 - Date: 15th August
 - Description: Flag-hoisting ceremony and cultural events to honor India's independence.
5. Blood Donation Camp
 - Date: Last Week of August
 - Description: Collaboration with a local blood bank to encourage voluntary blood donation.
6. Literacy and Skill Development Workshop
 - Date: September
 - Description: Basic literacy and vocational training sessions for community members.
7. Community Cleanliness Drive
 - Date: September

- Description: Cleanliness drive in public areas of nearby villages under the Swachh Bharat initiative.

8. Anti-Plastic Awareness Campaign

- Date: End of September

- Description: Campaign on campus and in local communities to encourage plastic reduction and recycling.

Quarter 2: October - December 2024

9. Gandhi Jayanti - Swachh Bharat Abhiyan

- Date: 2nd October

- Description: Campus and community cleaning initiative to honor Mahatma Gandhi's teachings.

10. Road Safety Awareness Program

- Date: October

- Description: Workshop with traffic police on road safety and responsible driving practices.

11. Diwali - Green Festival Awareness Campaign

- Date: 1st Week of November

- Description: Eco-friendly Diwali campaign, promoting safe and pollution-free celebrations.

12. Self-Defense Workshop for Women

- Date: November

- Description: Basic self-defense training for women on campus, focusing on safety and empowerment.

13. Winter Clothing Donation Drive

- Date: December

- Description: Collection and distribution of warm clothes for underprivileged families in nearby villages.

14. International Volunteer Day Celebration

- Date: 5th December

- Description: Recognition of NSS volunteers' efforts with awards and motivational talks.

15. Old Age Home Visit

- Date: December

- Description: Visit to a local old age home to spend time with residents, distribute essentials, and provide companionship.

16. Mock Disaster Management Drill

- Date: December

- Description: Training in basic disaster management skills to prepare volunteers for emergency response.

Quarter 3: January - March 2025

17. National Youth Day Celebration

- Date: 12th January
- Description: Youth empowerment programs including motivational talks, workshops, and cultural activities.

18. Republic Day Celebration

- Date: 26th January
- Description: Flag-hoisting, patriotic events, and an interaction with local community leaders.

19. Health Check-up Camp

- Date: February
- Description: Free health check-ups, dental and eye exams, and consultations for community members.

20. Blood Pressure and Diabetes Awareness Program

- Date: February
- Description: Awareness on lifestyle diseases, with screening and prevention tips.

21. International Women's Day - Gender Sensitization Workshop

- Date: 8th March
- Description: Discussions on gender equality and workshops on women's rights and empowerment.

22. Career Counseling and Personality Development Workshop

- Date: March
- Description: Workshop to enhance student soft skills, public speaking, and career planning.

23. NSS Street Play on Social Issues

- Date: March
- Description: Street plays in local communities addressing issues such as child labor, gender bias, and environmental conservation.

Quarter 4: April - June 2025

24. World Health Day - Fitness and Wellness Camp

- Date: 7th April
- Description: Fitness awareness and wellness activities, including yoga and mental health talks.

25. Anti-Drug and Tobacco Awareness Program

- Date: May
- Description: Awareness sessions on the harmful effects of drugs and tobacco in partnership with health experts.

26. Rural Immersion Camp

- Date: June (Summer Break)
- Description: Week-long camp in adopted villages with activities focused on education, health, and infrastructure support.

27. International Environment Day - Tree Plantation & Cleanliness Drive

- Date: 5th June
- Description: Plantation drive, environment-related workshops, and community cleaning efforts.

28. Skill Development in Local Schools

- Date: June
- Description: Workshops in local schools covering digital literacy, spoken English, and basic science education.

29. Annual NSS Day Celebration and Recognition Ceremony

- Date: Last Week of June
- Description: Event to review NSS achievements, recognize outstanding volunteers, and plan for the next academic year.

30. Monthly Visits to Adopted Villages (Ongoing)

- Date: Monthly
- Description: Continuous support to adopted villages through regular visits, engagement programs, and feedback sessions.

31. Weekly Campus Cleanliness Drives (Ongoing)

- Date: Weekly
- Description: Regular cleanliness activities to keep the campus environment hygienic and green.

32. Green Campus Initiative

- Date: Throughout the Year
- Description: Campus-wide efforts to promote eco-friendly practices, recycling, and waste reduction.